PERSONALS

Mrs. Harvey Glenn, of Prospect, spent Tuesday with her sister, Mrs. Hunter Jamerson.

Mrs. Ernest Ferguson is recovering at her home from a recent illness.

Miss Ann Waller of Richmond, is visiting in the home of her father, James W. Waller, near Red House.

Mrs. Lucy Purdue and Mrs. Mary Watt George are spending several days at Virginia Beach.

Mrs. L. M. Moses returned home Friday from the hospital, and is recovering nicely.

Mr. and Mrs. Wilson B. Gilliam and son, W. B., of Manassas, are spending the week-end with friends here.

Dr. and Mrs. S. R. Lawson and son, Steve, spent several days this week in Richmond and at Virginia Beach.

Mrs. E. T. Guill has returned home after undergoing an operation at the Virginia Baptist Hospital.

Mrs. Rebecca Shanks will leave Sunday for Alma, Georgia, where she will spend several weeks with Mr. and Mrs. Banks Frazier.

Miss Faye Wood, who is attending summer school at the University of Virginia, spent the week-end at her home here.

Miss Jean Brown, daughter of Mr. and Mrs. Berkley Brown, and Miss Nannie Belle Goin, daughter of Mr. and Mrs. D. T. Goin, are spending a couple of weeks in Detroit, Michigan, and Canada, with their aunt, Mrs. J. E. Dunaway, Jr.

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Feature at 8:30 P. M.
Sunday only: You may see a complete Show after 9:15 P. M.

- Fri., Sat., July 4, 5
  Rod Cameron in 'Spoilers of The North' and Walter Brennan in 'God Is My Partner'
- Sun., Mon., July 6, 7
  Rochard Widmark in 'Run For the Sun'
- Tue., Wed., Thurs., July 8, 9, 10
  Nathalie Wood - Karl Malden in 'Bombers B-52'

LEE THEATRE
APPOMATTOX
- Fri., Sat., July 4, 5
  Audie Murphy in 'Guns of Fort Petticoat'

Specials This Week-End

JUST RECEIVED A LOT OF SUMMER DRESSES (Batiste, Voile & Drip-dry) AT BARGAN PRICES
$3.98 TO $5.98

ALL SUMMER HATS Reduced to ½ price

ALL BEACH WEAR 1/3 Off

Full fashioned Self-seam HOSE
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Billy Evans, of Washington, will arrive Sunday to spend several days at his home here.

Mr. and Mrs. S. J. Evans and Mrs. C. C. Cralle visited Mr. and Mrs. M. E. Evans, of Ashland, recently.

Mrs. S. J. Evans spent the week-end in Roanoke with her son-in-law and daughter, Mr. and Mrs. C. D. Thomas.

Jimmy Childress, of Lynchburg, is spending this week with his grandparents, Mr. and Mrs. Curtis Mitchell.

Mr. and Mrs. H. B. Pack will spend next week in Blacksburg, where they will attend an agricultural meeting.

Mrs. W. R. Reynolds attended the dedication of the Straightstone Baptist Church in Pittsylvania County Sunday.

Mr. and Mrs. A. W. Torrence and children, Carol and Fred, of Tampa, Florida, will arrive Saturday to spend a week with Mr. and Mrs. Paul Cawthorn.

Harold Cawthorn of Hyattesville, Md., is spending this week with his parents, Mr. and Mrs. Paul Cawthorn. He was accompanied by his son, H. G., who will remain for a longer visit.

Mrs. William Copenhaver, of Richmond is spending this week at the Gills Home on Route Two. Mrs. Copenhaver will leave Sunday for a visit with friends in Marion. Mr. and Mrs. Banks Frazier and family, Judith and Timothy, of Kenbridge; and Mr. and Mrs. James A. Conner, of Halifax, also spent the week-end in the Gills home. Other guests Sunday were Mr. and Mrs. S. K. Gills and son, Bill, of Richmond; Mr. and Mrs. B. S. Simpkins, of Christiansburg; H. P. Gills and Mrs. E. B. Smith, of Marion; Henry Gills, of Buckingham, and Mrs. John Bell, of Charlottesville.

Birthday List

Patsy Robertson, July 7.
Mrs. Eddie Moore, July 7.
Betty Mitchell, July 7.
Mr. Fred Robetson, July 16.
Mrs. Jimmy Childress, July 10.
Eddie Moore, July 12.
Hugh Mitchell, July 1.
Mrs. Herman Carter, July 21.
Harold Carter, July 21.

Future Homemakers From Here Attended State Meeting

The Appomattox Chapter of the Virginia Association, Future Homemakers of America, received the Outstanding Chapter Award at the thirteenth annual FHA convention which met at Hotel Roanoke June 11-14. Appomattox Chapter received this award for its excellent program of work, which has contributed to the growth and development of each of its members, for the achievement of its members in homemaking activities, school, and community service, leadership, and public relations.

Miss JoAnn Beamer, representing the 58 members of the Appomattox Chapter, accepted the award. Mrs. Madeline Thomas and Mrs. Lucy S. Green are chapter advisors.

The club was judged outstanding because of its many and varied projects. Each member contributed something to the club.

The club is affiliated with the Campbell County-Appomattox Federation.

Miss Frances Carson, of Appomattox was last year's secretary, and Miss Carole Faye Coleen is the president for the coming session. Carole Faye was sent by the Federation to the State Convention as an officer candidate. She was elected State Secretary for 1958-59.

Growth of members as Future Homemakers may be judged by the degrees which are awarded by the club. This year 18 girls received thir Junior Homemaker degrees, three Chapter Homemaker degrees and one State Homemaker degree.

Ten girls plan to attend the FHA-FFA Camp at Magoon's Beach, Smithfield, Va.

Each month the club gives an interesting program. Some of the most outstanding were: a talk by an IFFYE student from The Netherlands; slides and a discussion of home life in Denmark by Miss Gudrun Riemann, our exchange teacher from Denmark; a talk on leadership by the Rev. Richard A. Bergdoll, and a Civil Defense program.

- Eyes Examined
- Glasses Fitted

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Optometrist - Optician
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Dial 8-2221 1186 Main

DARKLEAF

(Continued from Page One)

wonder people are even reading editorials in preference to keeping up with baseball.

I got out of sports writing just in time. I used to write a sports column, many years ago, for a large paper. I signed it with the byline, Raymond Onion, an obvious play on the name of the famous Damon Runyan. But at least we could pronounce the names. I got out just in time, I say, because I just never could bring myself to report: "J'sn grounds to C'm who tosses to Z's'z to retire the side."

Homemakers Items

Garnishes, and relishes add a lot to the meal in eye appeal, besides furnishing vitamins and minerals to the diet, say Extension workers.

Only a few tools are necessary to make attractive garnishes — a cutting board, a sharp knife, kitchen scissors, a vegetable parer, and an ordinary table fork. Here are a few ideas:

Remove center from raw carrot slices, and crisp in water. In the rings put watercress or carrot sticks.

Cut raw carrot slices with shears to form petals. Make centers, stems, and leaves from scallions.

Slash radish in very thin slices, not cutting all the way through. Soak in ice water to make crisp.

Remove center from cucumber with apple corer. Stuff with seasoned cream cheese. Chill and slice.

Simmer white turnip until tender. Hollow out, and fill with hot peas or lima beans.

Cut strips of carrot lengthwise with vegetable parer. Roll and fasten with toothpicks. Crisp in ice water.

On a slice of raw tomato put one slice of hard-cooked egg. Top with rolled caper-filled anchovy.

On flat slices of pitted olives stand half slices to form chain.

Lay empty orange half on side on cutting board. Scallop edge with knife. Fill with cranberry sauce or combinations of fruit.

Make grated yellow cheese balls. Or form grated cheese in the shape of an apple, with paprika add for a pink cheek and a clove added for the stem and bloom end.

HEALTH AND BEAUTY

To the list of things we eat that may have a direct effect on our teeth must now be added protein. This has become evident in the dietary studies being carried out at the National Institute of Dental Research.

These studies show that in the laboratory, when other dietary factors are controlled, rats develop dental cavities from a protein-deficient diet. These cavities in rat molar teeth are very similar to a type of cavities prevalent in human teeth.

It is most disturbing to note that these cavities also result extensively when rats are fed diets with protein supplied in the form of heat-processed cereals. Skim milk powders find their way into bakery goods, candy and ice cream. Heat-processed cereals are a popular breakfast food.

It was found that lyphollized skim milk powder — dried in a vacuum at freezing temperature—was much less cavity-causing than other milk powders tested.

One very important finding was that rat cavities can be inhibited if the essential amino acid lysine is made adequate in their diet. It would seem that a deficiency of lysine in skim milk powders may be the cause of cavities in the rats tested.

We have long known that long periods of storage has an adverse effect on the vitamin and mineral content of most foods. Researchers tell us that the nutritive value of cereals and milk powders have shown that during preparation and storage there is a loss in the protein fraction.

If the loss is definitely shown to be a causative factor in humans, as it is in rats, ways and means may be found to enrich cereals and milk powders to replace the all-important protein, much as vitamin I has been added to milk, and other needed food values added to bread.

Armed To The Teeth

Tucson, Ariz.- Policeman Donald Guenther said a 47-year-old man he arrested on a drunk charge was armed to the teeth.

Guenther said Hilario Migues had a thin metal strip across a partial plate on his upper front teeth. He was "razor sharp" and the man snapped at the officer several times.

Dial 2811 with Personals.

Steel output for May was highest since January.

Japan indicts Yale ex-athlete in fatal assault.

Shipowners seek freight rates.

Fourth largest record is forecast.

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...ra

July 1.- "Blessed is the ...walketh not in the counsel ...ungodly, nor standeth in the ...of sinners, nor sitteth in the ...of scornful." Psalms1-

...Mrs. Charlie Craft and ...Lynchburg, of Clifton Forge ...the home of Mr. and Mrs. ...Harvey on Monday.

...T. E. Harvey, Miss Harriet ...and Mrs. Richard ...spent in the home of Rev. ...Charles Addington Tues-

...receiving beautiful wreath-...crop is fine, and will ...of it. ...combined, in a few

...you is looking forward with ...to the 4th of July. I do ...that it may pass off nicely, ...with no bad accidents.

...are glad to hear that Mrs. ...Reynolds is feeling much bet-

...L. M. Moses returned home ...the hospital on Saturday. We ...that she will soon be well.

...Adkins, Jenkins is spending ...with her son and daugh-...Mr. and Mrs. Harry ...

...and Mrs. L. H. Watson visit-...the home of Mr. and Mrs. T. ...Harvey on Saturday night.

...and Mrs. T. C. Harvey and ...visited in the home of ...and Mrs. Homer Reynolds on ...night.

...drive carefully.

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Stonewall

Stonewall, July 1.- Just think, summer is passing away so fast. Can't realize that this is July. It will soon be time for school again.

We want to extend deepest sympathy to all the brothers and sisters and other loved ones of Mr. Aubrey Stratton, who died last week in Richmond. He was buried at Hebron Baptist Church last Friday, by the side of his parents, Mr. and Mrs. C. M. Stratton, Sr.

Mr. and Mrs. Vinson Russell and children, of Richmond, spent the week-end with her parents, Mr. and Mrs. Lola Thomas.

Glad to say Mrs. Irby Wheeler and Mr. E. L. Chick are both feeling better, after being on the sick list last week. Hope for them a speedy get well.

Mr. and Mrs. Bob Wheeler and children, of Richmond spent the week-end with his parents, Mr. and Mrs. Irby Wheeler.

They also attended the funeral of her uncle, Mr. Aubrey Stratton.

The Rev. and Mrs. Colie Rock and three boys visited Mr. and Mrs. Chick last Tuesday evening.

The Rev. Aaron Smith was the guest of the Chicks for dinner on Wednesday.

Mr. and Mrs. Tilden Lee and children were dinner guests of Mr. and Mrs. Rufus Burnette on Sunday.

Mr. and Mrs. Cantrell Smith and girls, of Lynchburg, spent Sunday with her parents, Mr. and Mrs. C. D. Carson.

Mr. and Mrs. Marvin Kent, of Richmond are spending this week with her mother, Mrs. P. B. Stratton, and Miss Edna Adcock.

Mr. and Mrs. Parks Jennings spent the week-end with the Rev. and Mrs. Charlie Spain and family, of Petersburg.

Mr. and Mrs. C. D. Carson attended the big dinner at Rustburg High School last Friday night, it being the yearly dinner for State Highway folks and their wives. Mr. and Mrs. Ernest Brown also attended from here.

Mr. and Mrs. Lester Carson visited Mr. Layton Howerton and his wife last Monday night at their country home near Spout Spring.

Mr. and Mrs. Irby Wheeler visited Mrs. Lyle Caldwell, who is still very ill, in Lynchburg last week.

Mrs. Marvin Stratton spent part of last week in Roanoke with friends.

Mrs. Calvin Tanner spent the week-end in Richmond with friends.

Pamplin

Pamplin, July 1.- Mrs. R. L. Woodson, of Richmond is visiting her brother-in-law and sister, the Rev. and Mrs. W. M. Black.

Week-end guests in the home of Mrs. W. B. Ford and Mrs. H. M. Marshall were Billy Ford, of Statesville, N. C.; Mr. and Mrs. Walter Ford, of Lynchburg, and Mr. and Mrs. E. F. McCauley and children, of Fredericksburg.

Lt. Linwood Pelot, of Washington, D. C., spent several days last week with his grandparents, Mr. and Mrs. J. W. D. Canada.

Miss Copeland Johnson, of Waynesboro, visited in the home of Rev. and Mrs. W. M. Black last week.

Mr. and Mrs. Junius Davis were week-end visitors of relatives in Newport News.

Week-end guests in the home of Mrs. H. T. Terry were Mrs. B. A. Chandler and children, of Portsmouth; Mr. and Mrs. P. A. Robinson and son, of Charlotte Court House, and Mr. and Mrs. H. C. Wingfield, of Richmond.

Miss Dorothy Lee Richardson, of Lynchburg spent the week-end at her home here.

Mr. and Mrs. W. S. Wayne, of Phenix, and Mr. and Mrs. C. M. Gutherey, of Lynchburg were week-end visitors in the home of Mr. and Mrs. E. B. Davis.

Mrs. Richard Parks, of Washington, D. C., was a week-end guest in the home of her brother-in-law and sister, Mr. and Mrs. T. H. Wayne.

Mr. and Mrs. Steve Rigney and daughters, Linda and Faye, of Martinsville, spent the week-end with Mr. and Mrs. C. W. Slayton.

Liberty Chapel

Liberty Chapel, July 1.- Miss Patsy Childers, of Lynchburg, is visiting Miss Carolyn Childers.

Mr. and Mrs. J. H. Reynolds, Mr. and Mrs. Lonnie Reynolds and Michael, visited Mr. and Mrs. B. C. Reynolds, of Danville Sunday. They were accompanied home by Walter Reynolds, of Natural Bridge, who will visit for some time with his brother, J. H. Reynolds.

Those visiting in the home of Mr. and Mrs. Paul Thornhill were Mrs. Wiley Campbell and children, of Amherst; Bill Sperry, of Alexandria; Mr. and Mrs. Ben Thornhill, Mr. and Mrs. Henry Stanley, Jr., Mr. and Mrs. Sam Thornhill, Mr. and Mrs. Billy Mills, Mr. and Mrs. Don Thornhill, Mrs. Mildred Mann, Mrs. Minnie Pettie, and J. L. Thornhill.

Mr. and Mrs. John W. Gunter visited relatives in Roanoke Sunday.

Mr. and Mrs. Charles Carter and Charlie Jr., Mr. and Mrs. David Smith and Dianne, and Mrs. Allen Carter spent the week-end at Clayton.

Mrs. Boswell and grandson, of Washington, D C. are visiting Mr. and Mrs. Lewis Harris.

Mr. and Mrs. George Spiggle and sons, of Richmond, visited relatives here Saturday.

The Liberty Chapel B. T. U. had a hamburger fry at the home of Mr. and Mrs. Preston Coleman Saturday evening, with a large number present. A social hour was enjoyed by all.

KNOW THE WEATHER

By E. H. Simn

A red sunrise mean probable rain in the afternoon—as the old weather proverb contends?

No, a red sunrise is not an indication of rain in the afternoon. Usually it means there is dry weather to the east (dust in the atmosphere) but that does not mean rain is due from the west immediately. Indeed, several dry days may lie ahead.

It is the red sunset which indicates dry weather (not rain), since it is caused by dust in the air to the west—which is on its way toward you, and this air will be over you in a day, more or less. The red sunrise has little use as a weather omen.

Thus, the red sunset is a weather clue, as we explained in an earlier column, but the red sunrise is of little value of a forecaster of weather to come.

National Guard fights order to cut forces.

French unemployment rise linked to U. S. recession.

Yankees hold to league lead.

Holiday Specials

TENDERIZED CUBED STEAK 79c Lb.

ARGO — GREEN PEAS — 4 cans 49c
TOMATO JUICE ..... 46 oz. Can 27c
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Bible Material: Deuteronomy 8; 10:12 and 11:26-28; Micah 6:6-8; Romans 12:9-21.
Devotional Reading: Psalm 89:1-3, 5-8, 15-16.

Justice and Mercy

Lesson for July 6, 1958

FOR the next three months, the 50 denominations using the "International Uniform Lessons" which these columns follow week by week, have chosen the general theme of Social Justice. Since some of our readers, or friends of our readers, may have some questions in their minds about this, let us clear up one or two points right away.

It Won't Wash Out

One thing that preachers hear sometimes, when they preach on social justice or any part of it, is something like this: "Why don't you stick to the Gospel? Social justice is the affair of courts, of politics, it belongs anywhere but in church. You stick to religion and leave social justice alone." Indeed, believe it or not, some ministers who have said a brave word for social justice in exceedingly unjust situations, have been called communists for their pains. Such objectors just aren't familiar with their Bibles. This week's Bible material is mostly from the Old Testament, the next week's is going to be from the New. In either Testament it is made quite clear that social justice is part of true religion.

Dr. Foreman

Not An Invention of Cranks

Some people have an odd misunderstanding about social justice. They think it's a hobby of egg-heads, an invention of cranks; at best a special interest, something to be taken or left as you like. At worst (though it is hard to realize any one could be so stupid) it is supposed that social justice is a sort of copyright interest of communism,—a lie which communists themselves are only too happy to spread. The simple fact is this: Social justice means treating all human beings with justice and with mercy. Admitted, it is hard to strike a balance between mercy and justice; nevertheless that is the way every sane person wants to be treated, himself; and the principle of social justice means no more nor less than giving everybody, so far as we can, the same sort of treatment we want (and sometimes demand) for ourselves.

What's Religious About It?

Social justice is everybody's affair, not a hobby for a few. But if this is so, what can be specially religious about it? There are religions that take no interest in this; but we are speaking for the Christian religion, the faith of the Bible. Two facts are a vital link joining social justice and religion. One is the fact that the irreligious man is pretty cold to what other people need and rightly want. If I can "get my cut," that's all I ask. When blessings are passed out, I want to be near the head of the line. That's the way the irreligious mind works. Such proverbs as "Look out for Number One." "Every man for himself and the devil take the hindmost," express this selfishness. The second fact linking religion and social justice is that in the Bible, God himself is known as the God of justice and mercy, or as our newer translation puts it, justice and "steadfast love." Human justice is rooted in the fact that we are created by, and responsible to, the God of justice; and human mercy is likewise rooted in the character of the God who made us in his image.

Love Without Hypocrisy

"Let love be without hypocrisy," said St. Paul to the Romans. (Rom. 12:9, A.S.V.) The one commandment Jesus singled out as first, is, Love God with all your heart and mind . . . not half of it! Now it is hard to love God and not love what he stands for. It is impossible to love God and not love the kind of God he is. A person who claims to love God, but who at the same time low-rates or brushes off social justice, raises doubts as to the sincerity of his professed love for God. Can one truly love God and not wish to be like him? Perhaps the greatest single obstacle to Christianity, that is to believing that its claims are true, are the people who with their lips (let us say in hymns or otherwise) profess to love God, and yet in their daily lives show the love only for themselves

(Based on outlines copyrighted by the Division of Christian Education, National Council of the Churches of Christ in the U. S. A. Released by Community Press Service.)

Local Girl Receives State Homemaking Degree

Miss Frances Carson, daughter of Mr. and Mrs. George Carson, of Spout Spring, was recipient of the State Homemaker Degree, which is the top award given by the Virginia Association, Future Homemakers of America, at the final session of the State Convention at Hotel Roanoke, June 11-15. Five hundred delegates and advisors were in attenadnce at this convention.

In awarding of this dregree, Frances was recognized for her outstanding contribution to her home and family, to her local, county, and state FHA organization, and to her school and community. She has exemplified a keen interest in the welfare of her family and the improving of home and family living.

Carrying out the main purpose of the national association of Future Homemakers of America, which is to "promote better home and family life for all," Frances carried out the following home projects and activities: "Care and Training of Baby Brother," Home Improvement Planning and Preparation of Family Foods, and Clothing Construction.

As a leader in her local chapter at Appomattox High School, she has assumed the following responsibilities: served as reporter and president of the local FHA club, entered exhibits in fairs and farm shows, and served on many committees. This year she was the Campbell-Appomattox Federation secretary, and took an active part in each meeting.

She has worked diligently to carry out the purposes of the organization, which are designed to assist members to work for good home and family living for all.

Mrs. Madeline Thomas and Mrs. Lucy Greene are chapter advisors and homemaking teachers here.

The FHA is a national organization numbering 500,000 high school girls who are enrolled in Home Economics classes.

Comment On Sports

By Pete Fritchie

As a general rule, the field of sports and the halls of Congress are as far apart as Cus D'Amato and the IBC. I mean you just wouldn't expect them to get together on common ground.

But Congress recently okayed legislation that has a great deal to do with sportsmen throughout the nation — not the pros, but the ordinary Joes who like to get out for a few days of fishing or sailing now and then.

What Congress did was put the final touches on a bill to establish the National Outdoor Recreation Resources Review Commission. Despite the handicap of that official jawbreaker, you're likely to hear a great deal about the NORRRC in the next few years. What the Commission is supposed to do is to make an inventory of the recreation resources of the nation, and also make some recommendations about what sort of policies and programs should go followed in the use of those resources.

The proposal was backed by a number of sportsmen's organizations, such as the Izaak Walton League, the Sierra Club, the Wilderness Society and the Sport Fishing Institute.

Basically, what these far sighted groups want to do is to stop and take stock of what the United States has in the way of recreation areas. They want to do this before it is too late, before therg aren't any recreation areas left for the ordinary Joes.

Our rapidly increasing population threatens to engulf parks, lakes, streams, seashores, and mountains—both public and private. Actually, nobody knows, for sure just how much land we have now, or how much is available, or suitable, for recreation purposes. So, in trying to make sure that our children and grandchildren won't be tangling one another's lines every time they cast for a trout in 1980 or after, the first step is to find out what we've got.

After that's finished it will be possible to reach some conclusions about what should be done with it so that the city dwellers of the future —which promises to be a very large part of the population— will have some place to get away from it all, and from each other.

The whole idea sounds sensible to us, and it isn't going to cost Uncle Sugar an awful lot to find out. The bill okayed by Congress asked for $2,500,000 to make the study, and anybody knows that ain't nothing but peanuts. Even if it costs more, it would be worth it.

The import tonnage for Virginia ports in 1957 was 6,328,770, of which 3,830,134 tons was petroleum products and 1,714,652 tons ores and gypsum products, imported at Hampton Roads, according to the Va. State Chamber of Commerce.

The Port of Alexandria in Virginia was responsible for the import of 75,907 shots tons of newsprint paper during 1957.

Real Stationary

And then there's the young lady who thinks lobbying is all right if you're really staying at the hotel. —Arcanum Bulletin.

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